



# Join Us for Summer Explorations!

## Adventurers

*Beginnings' unique upper school summer program provides the "explorers" with a myriad of opportunities for enriching summer fun. The spirit of the program promotes self-confidence, encourages curiosity, nurtures talents and friendships while having fun through exploring!*

Monday-Friday 9:00 AM - 4:00 PM

Session I: June 22<sup>nd</sup> - July 24<sup>th</sup> \*\*\* Session II: July 27<sup>th</sup> - August 21<sup>st</sup>

### Science & Nature

- Nature Walks
- Field Hike
- Treasure Hunt
- Stars and Constellations
- Clouds
- Beginnings Children's Garden

### Summer Sensory

- Rainbow Stew
- Sand Clay
- Water Canals
- Sensory Tables
- Silly Putty
- Necklaces

### Healthy Bodies

- Outdoor Discoveries
- Sunscreen, Sun Hat, Water Shoes
- Healthy Snacks
- Active and Quiet Play
- Health & Safety Habits

### Sports & Games

- Swim Lessons
- Field Games
- Parachute Play
- Obstacle Course
- T-Ball
- Soccer Games

### Friends & Feelings

- Friendship Bracelets
- Scrapbooking
- Cooperative Murals
- Feelings Books

### Special Events

- Music Specialists
- Rhythm Kids African
- The Science Works!
- Magic Show
- Animal Adventures
- Children's Discovery Museum
- New England Aquarium
- Tide Pool Experiences
- Family Picnic

### Arts & Crafts

- Earth Art
- Star Sticker Constellations
- Tie Dying
- Rain Sticks
- Branch Weaving
- Camp Diorama Box
- Compass making

### Music & Movement

- All School Sing-along
- July 4<sup>th</sup> Parade
- Yoga Stretches
- Rhythm Sticks & Instruments

### Cooking

- Trail Mix
- Camp Dough
- Camp Fire Mac & Cheese
- Grilled Log
- Baked Apples

### Dramatics

- Bear Feels Scared
- The Ants Go Marching
- The Three Bears
- Animal Puppets

### Literature & Language

- Scare a Bear
- Olivia Goes Camping
- Camping
- What Camping Can Teach Us
- Curious George Goes Camping
- S is For S'mores

### Math

- Bean Bag Toss
- Hop Scotch
- Bingo Sorting
- Computer Games
- Uno

